

47TH WALK

SEPTEMBER 18TH



IN SUPPORT OF THE TERRY FOX FOUNDATION, DEDICATED TO CANCER RESEARCH

1. What do you even do at The Walk?

- 9:00 am - Attendance in designated stations around SPHS.
- Grade 9's will be dismissed first, followed by 10's, 11's and then 12's.
- You will walk along a designated route through Assiniboine Park.
- Along the route there will be attendance check-points, water stations, an ice-cream station, five fun activity stations and candy will be handed out.
- The Walk route will lead you back to SPHS where you will spend the afternoon (until ~2:15 pm).
- Back at the school there will be inflatable and non-inflatable games, a dunk tank, a magician performance, food trucks, and more!

2. Where do I go when I arrive at the school in the morning?

- Attendance stations! You should be at your attendance location for 8:55 am.
- Attendance will take place after prayer and O'Canada.
- The attendance locations are as follows:
 - i. Grade 12's – Cafeteria
 - ii. Grade 11's - Cass Gym
 - iii. Grade 10's – Murray Hall
 - iv. Grade 9's – you will be placed in smaller groups with BH and SMA students in various classrooms. Lists will be posted outside the Aulneau room to help you find your location.

3. Where should I park if I'm driving myself to The Walk?

- Students are asked to park in the Student lot along Bower Blvd., the MulitPlex parking lot, or St. Demetrios Church across Grant Ave.
 - i. If you are parking at St. Demetrios Church, please DO NOT use the spots next to the Church Building or the MHCC Building.

4. Is The Walk a fundraiser? What do we fundraise for?

- Students have the option of fundraising for Student Council's chosen charity, Terry Fox Foundation, a Canadian organization that supports cancer research.
- Pledge forms can be found in the parent/guardian email, on Teams or picked up from Ms. Rellinger in Rm. 127 at SPHS.
- You can also collect donations online by directing people to the St. Paul's Walk event page or create a personal fundraising page attached to the event.
- SPHS students who raise \$120 or more are eligible for a free Walk sweater. If this is the case you will need to see Ms. Rellinger in person with proof (pledge form or list of donors that can be searched online).

5. Do SMA and BH girls come to The Walk?

- Yes! All of the grade 9-12 students from SMA and BH have been invited to join SPHS students for the whole day on September 18TH.

6. How long does it take to walk The Walk route?

- The entire route takes about an hour and forty-five minutes to two hours.
- Bringing a water bottle is recommended as there are limited water stations along the route.

7. What should I wear?

- Comfortable shoes are a must! The dress code is relaxed on Walk Day, but it may be very cold, very warm or very rainy. Check the forecast before you come to school and dress for the weather.
- Wearing a couple of layers might keep you comfortable if it is cold in the morning and warm in the afternoon.
- The Walk happens, rain or shine!

8. I have heard that there are Walk Sweatshirts that can be purchased, how do I get one?

- For the past several years the SPHS Student Council has designed a “Walk Sweater” that students may purchase to wear on Walk Day and afterwards as SPHS dress code.
- Sweaters are an optional purchase.
- This year, the Student Council designed a white crewneck with black printing.
- A Walk sweater can be purchased for \$25 via the Permission Click form. If we have extras after registration has closed on September 12th we will begin selling them in person for cash only.

9. All of that walking will make me hungry. What will I do for food?

- The food options are:
 - i. bring your food from home
 - ii. buy food from Gene’s Place (caf)
 - iii. buy food from the food trucks
- You will not be allowed to leave the school grounds until the event is over.

10. How many “Walks” have there been?

- This Walk will be the 47th SPHS Walk!

11. Is The Walk optional?

- Nope! The Walk is a mandatory event for students to attend.

12. I still have more questions and my teacher is unable to answer them. Where can I find answers?

- Contact Ms. Rellinger via Teams with your questions or find one of your Student Council members at school!