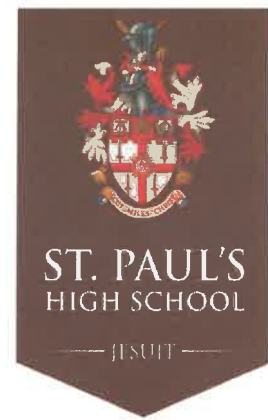


Educating Men for Others



August 23, 2023

Dear Parents and Students,

Welcome to the 2023–2024 school year at St. Paul's High School! I hope you have enjoyed summer and are looking forward to being back in school, connecting with friends and teachers, and embarking on a year of learning and community.

Please read all the various enclosures in this mailing and reflect on how we can walk together to serve our school mission of forming men of faith and service: *Men for Others*. The enclosure titled **“2023–2024 School Year Information”** contains details to help students and parents navigate the first weeks of school. This document includes information about opening week, dress code, school supplies, bell schedules, school calendars, school communications, and more.

All the general documents included in this welcome package, along with any other referenced documents, are available on the St. Paul's High School news blog at sphsnews.weebly.com. In addition, the school publishes news each Friday during the school year with event details and reminders, and news from the Parent Guild, Advancement Office, Student Council, and Maroon & White. The first online news post of the upcoming school year will be published on August 25th. Significant efforts are made to ensure information available on the school's news blog is complete and timely. Please let us know if you are ever unable to find the information you are looking for and we will assist you in getting the information you need and update the news blog accordingly.

I would like to draw your attention to the details of our annual Homecoming football game which will occur on Friday, September 15th at 6:00 p.m. I encourage you all to come out as it is sure to be a wonderful community event. The Varsity Crusader Football team will play against the Sturgeon Heights Huskies and there will be great food, drink, and music. This is a family friendly event and admission is free.

I hope you enjoy the last of summer break before we start anew and look forward to seeing you all soon!

God bless,

A handwritten signature in black ink that reads 'B. Lewin'. The signature is written in a cursive, flowing style.

Bob Lewin, Principal

2023–2024 School Year Information

OPENING WEEK OF SCHOOL

TUESDAY, 5 September: Admin Day - NO SCHOOL

WEDNESDAY, 6 September: Grade 10, 11, & 12 Assemblies and Textbook Distribution

- Grade 10: Assembly at 8:30AM, Textbook Distribution: 9:00AM–10:15AM
- Grade 11: Assembly at 11:00AM, Textbook Distribution, 11:30AM–12:45PM
- Grade 12: Assembly at 1:30PM, Textbook Distribution, 2:00PM–3:15PM
- Dress Code: Casual
- Reminder: All students should bring a book bag and pen.

THURSDAY, 7 September: Grade 9 Orientation Day

- Grade 9: 8:30AM–3:15PM
- Dress Code: Casual

FRIDAY, 8 September: Regular Classes for All Students

- Schedule I: 8:30AM Start
 - School Day: A
 - Dress Code II (Warm Weather Dress Code)
-

ST. PAUL'S DRESS CODE

Dress Code I: Regular Dress Code

- Effective: November 1–April 30
- Dress shirt with collar and tie
- Dress pants, socks, and dress belt
- Sport-coat, blazer, or suit-jacket
- Dress shoes

Dress Code II (Warm Weather Dress Code)

- Effective: September 8–October 31 and May 1–June 28
- Dress Code I with the following optional changes.
 - Option A: no suit-jacket
 - Option B: St. Paul's polo may be worn in lieu of a shirt, tie, and suit-jacket.
 - Option C: St. Paul's polo worn with dress (chino) shorts (beige, navy, or black), and dress belt. Dress shoes are replaced with athletic (gym) shoes for this option.

Note: A St. Paul's branded, non-hooded sweater may be worn in lieu of a St. Paul's polo.

Physical Education Dress Code

- St. Paul's High School branded t-shirt and shorts
- Gym shoes (both indoor & outdoor (no cleats) and socks (worn only for gym class))

2023–2024 School Year Information

Dress Code Shopping Tips

Below is a suggested shopping list of dress code items available at the Crusader Shoppe.

- St. Paul's Polo Shirts (2–3 shirts)
- St. Paul's Sweater, non-hooded (1 sweater)
- St. Paul's T-shirt for Physical Education Class (1–2 shirts)
- St. Paul's Shorts for Physical Education Class (1–2 pairs)

Crusader Shoppe

Online shopping is available at <https://store.stpauls.mb.ca/>. Please wait to receive an email notification confirming your order is ready to pick up before coming to the school. Online orders may be picked up at the Front Office prior to the start of school. Once regular classes resume, the Shoppe will be open daily at lunch

In addition, the Shoppe will be open from 12:00PM–4:00PM on September 7th (Grade 9 Orientation), 5:30PM–8:30PM on September 14th (Grade 9 Parent Orientation), and during Homecoming on September 15th.

Clothing Items Available from Other Stores

- Dress Shorts (1–2 pairs in beige, black, or navy)
- Dress Shirts with Collar (2–3 shirts)
- Dress Ties (1–2)
- Undershirts (several)
- Dress Pants (2–3 pairs)
- Leather Belt (1)
- Socks (several pairs of dress and athletic socks)
- Dress Shoes (1 pair)
- Athletic Shoes (1 pair for indoors and 1 pair for outdoors)

SCHOOL SUPPLIES

Students are expected to have standard school supplies including a 3-inch binder to hold course notes, loose-leaf paper, dividers, pens, and pencils, as well as a standard scientific calculator with DAL (Direct Algebraic Logic); teachers may be explaining other requirements to students on the opening days of classes.

Laptop Computers

Students are encouraged to purchase a laptop/ tablet for use at school. St. Paul's provides wi-fi access and a Microsoft 365 account to all students to support their learning. Microsoft Teams will continue to be our school's platform for the delivery of course materials and assessments throughout the school year.

2023–2024 School Year Information

Visual Arts Supplies

Students enrolled in Visual Arts must purchase an art kit from the Crusader Shoppe for \$63.50 plus taxes. Art kits purchased online will be delivered to students in class.

ST. PAUL'S HIGH SCHOOL STUDENT HANDBOOK

The St. Paul's High School Student Handbook has been updated for the 2023–2024 school year. The Student Handbook will no longer be printed and distributed to students in an agenda book. Instead, the Handbook will be made available to students in electronic format. The e-Handbook contains clickable links in the Table of Contents for easy navigation. Students wanting to use a paper agenda book will be responsible for purchasing their own planner. The Student Handbook is available at sphsnews.weebly.com

BELL SCHEDULES

We use a variety of schedules throughout the school year for different school events. Schedule I is our regular daily bell schedule and is in effect unless otherwise indicated on the school calendar. The Bell Schedules are available at sphsnews.weebly.com

School Day

Access to the main body of the school is available from 7:30AM. The school closes at 5:00PM, except for supervised activities. While students are permitted in the building during these extended hours (7:30AM–8:25AM and 3:15PM–5:00PM), direct supervision is not provided. The school day begins at 8:25AM with a warning bell for period 1 and ends at 3:15PM. On regular school days, period 1 begins at 8:30AM and there is a 50 minute lunch break.

Cafeteria Food Services

Food services are available at Gene's Place, the St. Paul's High School Cafeteria. A menu and price-list is included in this welcome package. Pre-paid meal cards are available for purchase.

SCHOOL CALENDARS

The St. Paul's High School student/parent calendar is available to view online and can be synchronized with most computer calendar applications. View the following link to access the school's online calendar. Changes to the school calendar will automatically update. In addition, a year-at-glance calendar is available at sphsnews.weebly.com

St. Paul's High School Calendar Link: <https://bit.ly/3SlxGB1>

2023–2024 School Year Information

SCHOOL COMMUNICATION

Communication is a vital part of building trust and the quality of relationships necessary to form the kind of learning community we strive to build at St. Paul's. One of the most vital communication links is the one between home and school. That is, with what is best for your son in mind, it is important there is open and honest dialogue between home and school.

Parents wishing to speak with a staff member should call the school's main phone line, 204-831-2300, and follow the recorded instructions to leave a message. Staff members' email addresses are accessible via the PowerSchool Portal. In general, parents can expect a reply within 24 hours of making an enquiry. If after several tries you have not received a reply to a message please feel free to contact the Principal.

School Contacts

- **School Absences:** <https://go.schoolmessenger.com/> or 1-833-566-1229
- **General Enquiries:** Ms. Vivienne Horne, contact-us@stpauls.mb.ca, 204-831-2300
- **Teachers:** for information about your son's progress in specific courses.
- **Counsellors:** General concerns about your son's progress.
- **Vice Principal Academics (VPA), Mr. Kevin Sterner:** Academic program, procedures and policies. ksterner@stpauls.mb.ca, 204-831-2321
- **Vice Principal Students (VPS), Mr. Jeff Laping '89:** Attendance and/or discipline. jlaping@stpauls.mb.ca, 204-831-2309
- **Principal, Mr. Bob Lewin:** if your concerns have not been addressed by the primary contact. blewin@stpauls.mb.ca, 204-831-2305
- **Executive Assistant to the Principal, Ms. Catherine Bernardin:** if you are experiencing problems with school mailings, report cards, or require an academic transcript. cbernardin@stpauls.mb.ca, 204-831-2316

POWERSCHOOL PORTAL

The PowerSchool Portal allows parents/guardians/students to view their son's attendance records, current grades, and details of past and future assessments. The Portal is available throughout the school year except the days leading up to Progress Reports in November and April and during the two exam periods in January and June. We encourage parents/guardians/students to use the Portal as a tool to monitor progress, set goals, and stay on top of deadlines.

The Portal is viewable using any web browser on a desktop/laptop computer or mobile device. PowerSchool has an App, PowerSchool Mobile, to access the Portal on mobile devices.

2023–2024 School Year Information

After downloading the App on your mobile device, you will need to enter the **District Code: PBXQ** to access the Portal for St. Paul's High School.

Returning parents already have active PowerSchool accounts. If you have a new student this school year, he has already been added to your existing PowerSchool account. Please contact Kevin Sterner if you require assistance accessing your account.

PowerSchool account information for new parents is included in this welcome package.

SCHOOL ATTENDANCE

Daily school attendance is critical to student success and formation. In addition to attending regular classes, participating in school liturgies, assemblies, retreats, and school activity days are compulsory for all students. The school expects all students to attend these events as they are integral to our school's mission and building community at St. Paul's. Please avoid scheduling appointments or excusing your sons' absence from these events. Where possible, days with late starts for students and no school days should be used for appointments or activities that would otherwise result in school absences. The school strongly discourages planning family trips or other activities that result in multiple-day absences while school is in session.

Please refer to the parent letter dated June 23, 2023 for key dates for the 2023–2024 school year. This information is also available at sphsnews.weebly.com

Reporting Student Absences

Please use SchoolMessenger or call 1-833-566-1229 to report student absences and other times when your son may need to leave during the school day. SchoolMessenger allows parents to enter departure and return times or to report full day absences. Call the school's general line, 204-831-2300, if SchoolMessenger or the phone number above are not working.

Onboarding instructions for new parents are included in this welcome package.

Detailed instructions for using SchoolMessenger is available at sphsnews.weebly.com

Student Appointments

When appointments during the school day cannot be avoided, students are to report to the Reception Desk just prior to leaving for an appointment and they are to report back at Reception if/when they return to school that day. The school will not interrupt classes in session to call a student out for an appointment except in the case of a serious emergency. Otherwise, the student will be called to the Reception Desk at the next class break. This policy is in place to maintain a positive learning environment free from disruptions.

2023–2024 School Year Information

Planned Absence Requests

Requests for planned absences of three or more school days are made to the VPS using a Planned Absence Form. Planned Absence forms are available at the front desk, or the office of the VPS. Students are expected to write exams at the end of each semester as scheduled. Therefore, planned absences during exams should be avoided except in cases of emergencies.

Planned Absence procedures are available in the Student Handbook.

ST. PAUL'S COMMUNITY WEBSITE

As part of our continuous efforts to enhance the user experience and improve communication, we will be retiring the Community functionality and upgrading our school website to better serve our students, faculty, parents and wider community.

We anticipate the new website will be fully operational soon. Detailed instructions and support materials will be provided to students and parents to guide you through the new system and help you make the most of this new upgrade.

COURSE CHANGES

Student timetables are included in this welcome package. Course changes will be available during the opening days of school. Students may request Semester 1 course changes through their counsellors until Monday, 25 September. The course change deadline for Semester 2 courses is Thursday, 15 February.

Course Change Procedure

- Students are required to meet with their counsellor to discuss possible course changes. Students are welcome to discuss available courses with the VPA prior to meeting with their counsellor.
 - With their counsellor's help, students will complete a Course Change Request Form. Students will have to obtain permission for the course change either by having the form signed by their parents or by having the counsellor confirm the change with a parent over the phone.
 - The completed form must then be submitted to the counsellor. Upon receiving a course change request, the VPA will either approve the request and arrange for a new timetable, or if the request is not approved, return the form to the student's counsellor. Approval is usually a factor of space availability in the desired course or compatibility with the other courses in a student's academic program.
 - If a course change request is approved the student can view his revised timetable through the PowerSchool Mobile App. Additionally, students may request a printed timetable in the VPA office.
-

2023–2024 School Year Information

TRANSPORTATION AND PARKING

Dropping Off / Picking Up Students

Students are to be dropped off or picked up at either the Student Parking Lot located off Bower Boulevard or the MultiPlex Parking Lot located off Holland Boulevard.

In both cases, please enter the parking lot and then loop through the entire lot one way to ensure the orderly flow of traffic and reduce the risk of an accident. Please do not stop in the middle of the lane, but instead, pull forward as much as possible, stop briefly to allow your son to exit your vehicle, and then exit safely.

Exiting Parking Lots

When exiting either parking lot, please remember it is a right turn only. The Winnipeg Police Service will ticket drivers who turn left in violation of the right turn only signage.

Students may be dropped off on Laidlaw Blvd. and then walk across Grant at the crosswalk. Please remind your son to be careful using the crosswalk.

Parking Expectations

- Do not drop-off and pick-up on Holland Boulevard.
- Do not drive into the Faculty parking area located off Holland Blvd.
- Do not drive into the front entrance parking loop off of Grant unless you (parent) are coming in to the school.

We have determined that it is unsafe for students to be dropped off in the above areas of the school property. Our community neighbours living on Stanford Bay and on Laidlaw Blvd. have requested that individuals drive carefully and not drive into or block driveways.

Please also note that the south drive running west to east behind the main school building is a ONE WAY drive starting from Bower Boulevard heading east toward Holland Boulevard until it reaches the area just past the Multiplex and Angus Reid Wing. The only exception allowed is for staff who park behind the building who are traveling in either direction prior to 9:00AM.

Parking Passes

Students driving to school and parking on campus will require a parking pass. Student parking is limited to the Student Lot or the MultiPlex Lot, as designated by the Vice Principal Students (VPS). Parking tags must be displayed whenever the vehicle is parked on school property. Unregistered vehicles are subject to being fined or towed. The parking pass form is available at sphsnews.weebly.com. Contact Jeff Laping for more details.

2023–2024 School Year Information

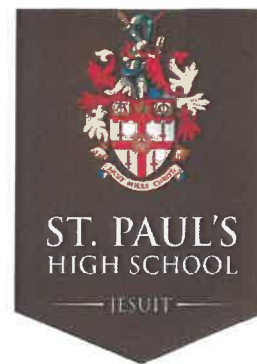
Bicycles

Students using bicycles must lock them in the racks adjacent to the Student/MultiPlex parking lots. We advise that students use chains to secure their bicycles and not insulated wire locks that can be cut. Please remember bicycles are not allowed in the school. Violators' bicycles may be impounded by the VPS.

GRADE 9 PARENT ORIENTATION: THURSDAY, 14 SEPTEMBER, 6–8PM

Parents of Grade 9 Students should attend. This is a great opportunity to meet your son's first semester teachers, meet other new parents, and learn how you can support your son in his education at St. Paul's. Further details to come.

Education for Life



SchoolMessenger Account Set-up Instructions

SchoolMessenger is St. Paul's High School's communication tool for reporting student absences, including appointments during the day, late arrivals, or early departures from school. In addition, SchoolMessenger is used to inform parents/guardians when students are absent and have not been reported absent by a parent/guardian and for emailing school communications.

St. Paul's High School requires that each student has at least one parent/guardian registered with a SchoolMessenger account for the purpose of reporting school absences.

If you already have a SchoolMessenger account from a previous school or because you already have a student at St. Paul's, your new St. Paul's student will be added to your existing account. If your new student does not appear in your account, go to the "Contacts" section in SchoolMessenger and click the sync button. Otherwise, please sign up for a SchoolMessenger account using the steps below.

Sign up for a SchoolMessenger Account

1. Go to <https://go.schoolmessenger.ca/#/account/signup>. You **MUST** use the same email address registered in the St. Paul's High School PowerSchool Portal. If you need to verify your email address, log into the [PowerSchool Portal](#) and click Account Preferences.
2. Once you sign up, you will get a validation message sent to your email address. You must follow the link in the email to verify your account. Check spam and junk folders for this email if you do not receive one right away.
3. Once you have activated your account, you are ready to log into your account.
4. On first login you may be presented with a pop-up window to "consent to call" the phone numbers we have on file. You can choose whether to allow telephone calls to the numbers indicated. You must select at least one telephone number for School Hour and Non-School Hour emergency type messages.
5. When logged in, click the menu (upper-left) and click "Preferences" to set your notification preferences.
6. Select the notifications you wish to receive for each message type. SMS, Email and Telephone should all be available options. Green means notification is on, grey means notification is off. Click "Save" after making changes.
7. Optional: Download the SchoolMessenger app from the [App Store \(iOS\)](#) and [Google Play \(Android\)](#). Use the email address and password you used to sign up to login to the App.

over...

Using SchoolMessenger to Report Absences / Early Departures / Late Arrivals

Use any of the following four methods:

1. Log into your SchoolMessenger account: <https://go.schoolmessenger.ca/> Select “Attendance” from the menu at the top-left then click the + symbol beside “Report an Absence.”
2. Log into your PowerSchool account: <https://powerschool.stpauls.mb.ca/public/> Click “SchoolMessenger” at the bottom-left of the navigation menu, select “Attendance” from the menu at the top-left then click the + symbol beside “Report an Absence.”
3. Use the SchoolMessenger App from the App Store or the Google Play Store. The first time you use the app, select Sign Up to create your account. Select “Attendance” from the menu at the top-right and then click the + symbol beside “Report an Absence” at the bottom-right.
4. Call the toll-free number [1-833-566-1229] using the automated phone system.

The above options are available 24 hours/day, 7 days a week. Future absences may be reported at any time. **SchoolMessenger will not allow absences of 3 or more consecutive days to be reported.** In this situation, please call the school at 204-831-2300 to report absences and for further guidance.

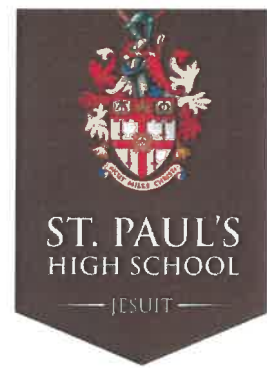
Please note that absences reported using SchoolMessenger may not be synchronized with PowerSchool until the daily attendance is reconciled at the end of each school day. Whenever possible, please submit student absences through SchoolMessenger no later than 8:00 a.m. on the date of the absence. Please wait until the following calendar day to contact the school if PowerSchool is not reflecting the absence details you submitted using SchoolMessenger.

Planned Absences

For planned absences, please submit a [Planned Absence Form](#) also available at Reception or from the Vice Principal Students.

Thank you for your cooperation in this matter. I hope you will find SchoolMessenger an effective and streamlined method for communicating with St. Paul’s High School regarding student absences. Please contact the school, contact-us@stpauls.mb.ca, if you have questions about this process or require assistance signing up for your SchoolMessenger account.

Education for Life



August 25, 2023

Parents of Grade Nine Students,

Congratulations on your son's acceptance to St. Paul's High School and welcome to the St. Paul's community as parents. The members of the counselling department are looking forward to creating positive relationships with your family over the next four years as we work to serve your son.

We would like to welcome our new students with a day of fun and an opportunity to meet other students in a casual environment with Camp Day that will be held at **Camp Manitou on Friday, September 15th**. Activities will be supervised by camp staff as well as St. Paul's teachers and will include a combination of a climbing wall, zip-lining, archery, kayaking/canoeing, team games, biking and a low ropes course.

Students will meet in the Cass Gym at St. Paul's at 8:30 a.m. (regular school start) and depart shortly thereafter by school bus. The route is 12.5 km and should take approximately 15 minutes. Return buses will leave the camp at 2:40 and should arrive back at St. Paul's at approximately 3:00 p.m. An "all you can eat" pizza lunch will be provided, however, if your son is not able/prefers not to eat pizza, please have him pack a bag lunch. Students should **bring a refillable water bottle** for use throughout the day, as well as a **drink for lunch**. Students are welcome to wear casual dress but should be dressed to stay outside all day. Depending on the weather, a hat and sunscreen may be wise.

There is no cost to parents for this outing.

A permission slip and a waiver form will be sent to you electronically in the coming days.

If you have questions, feel free to contact your son's counsellor.

Stacy Dainard: sdainard@stpauls.mb.ca

Jennifer Kolton: jkolton@stpauls.mb.ca

Anna McGill: amcgill@stpauls.mb.ca

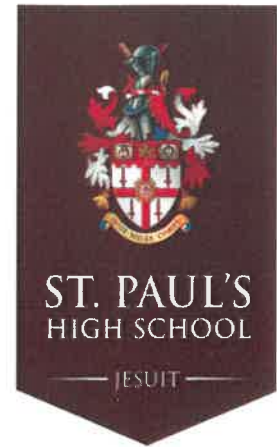
Raymond Comeault: rcomeault@stpauls.mb.ca

Best wishes,

A handwritten signature in cursive script, appearing to read 'J. Kolton', written in black ink.

Jennifer Kolton
Guidance Counsellor

Educating Men for Others



August 21, 2023

Re: Grade 9 Student Orientation Day

Dear Parents,

Welcome to St. Paul's High School!

The Faculty, Staff, and students of St. Paul's are looking forward to meeting your son and welcoming him into our community this fall. To that end, your son's first day of school will be Grade 9 Student Orientation Day. On this date, he will meet many of his classmates, teachers, receive a tour of the school, and be introduced to many of the things that make St. Paul's unique. Please read the following information carefully as there are a few things that you and your son need to prepare in advance of this date.

Who: All students entering Grade Nine
Date: Thursday, September 7, 2023
Time: 8:30 a.m. to 3:15 p.m.
Arrival: Drop-off at the Multiplex Entrance (east side of the School on Holland Blvd.)

Dress Code

- **Dress Code III: Relaxed Dress Code** is in effect on Orientation Day.
- Students do not need to wear Dress Code I (suits) or Dress Code II (golf shirts); dress should be casual but neat. Clothing must not be torn, frayed, dirty, or have holes. No pajama pants. No clothing with objectionable images or anything that would conflict with the School's Catholic values.
- Hair must be off the collar and extremes in hairstyles or colours are not permitted.

Textbooks and Lockers

- Students will receive textbooks on this Orientation Day. They should bring a **backpack** to carry their books.
- Students must bring a **pen** for writing their names in their textbooks.
- Students will be assigned a locker and will receive a **lock** from the School. No other locks are permitted.

Lunch

The School will provide lunch for each student. Please communicate dietary needs directly to me (cmartinez@stpauls.mb.ca) as soon as possible.

We are thrilled for your son to join the St. Paul's Community! If you have any questions regarding the details of this letter, please e-mail me directly.

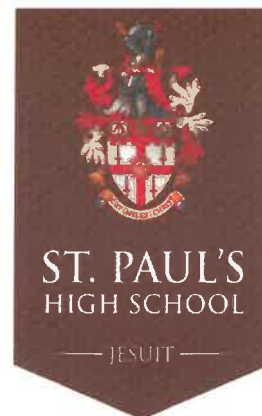
Yours in Christ,



Christian Martinez
Campus Minister and Orientation Day Coordinator
cmartinez@stpauls.mb.ca
Office: 204 831-2337

Your Journey Starts Here

August 23, 2023



Dear Parents,

A warm welcome to a new school year from the St. Paul's High School Advancement Team!

The Advancement Department supports the community of St. Paul's High School by raising funds for students in need, supporting capital projects and school programs to enhance school life and organizing events to celebrate as a community.

We also highly value the connection we have with our alumni. Alumni Relations provides opportunities for our alumni to stay connected with each other and their alma mater by organizing events such as class reunions, chapter reunions across Canada, the Maroon and White Golf Tournament, Homecoming and an Alumni Speaker Series. The SPSHS Alumni Association prioritizes providing opportunities for our alumni to gather and be of service to those in need in the greater community.

We invite you to join our school community in supporting the following events and initiatives:

Crusader Cash Raffle – October – November 2023

ONLINE FORMAT

Students are asked to sell \$200 in raffle tickets to support our Bursary Fund and Grad Fund. Information will be sent out in early October – we aim for 100% participation from families.

Homecoming - Friday, September 15, 2023

Admission is free and all are welcome to come cheer on the Crusader Varsity Football Team playing "under the lights", as well as enjoy food vendors, beer garden and music. Cru Shoppe will be open!

Ignatian Challenge Award Tribute Dinner - Tuesday, November 7, 2023, RBC Convention Centre

Make a difference in the lives of students at St. Paul's High School and join us in celebrating the example of community leadership provided by this year's honouree, **Mr. Paul Soubry '80**. *Tickets and sponsorship opportunities are available at www.stpauls.mb.ca/events/tribute_dinner.*

St. Paul's High School Fashion Show - Wednesday, April. 17, 2024, Victoria Inn & Convention Centre

Join the Class of 2024 in supporting the Magis Fund. Tickets and sponsorship opportunities will be available on our website in the new year.

Please reach out to me if you have any questions or want to discuss opportunities to support our school community. I can be reached at kimoore@stpauls.mb.ca or 204-831-2325.

I look forward to working with you and wish your son a successful school year.

Warm regards,

Kerri Moore

Head of Advancement and Special Projects

Greetings Parents and Guardians,

As you may know, St. Paul's has a long-standing tradition of organizing an event known as "The Walk". The St. Paul's High School Student Council is pleased to announce the 45th St. Paul's Walk will take place on **Thursday, September 21**. The Walk is an all-day event (from 9:00 am until approximately 2:15 pm) that begins with attendance at St. Paul's, a walk through Assiniboine Park that includes refreshment and activity stations, and entertainment and inflatable games upon their return back to St. Paul's. Students will have the option of purchasing food from the St. Paul's cafeteria, food trucks or bringing their lunch from home. The event will also include students in Grades 9-12 from St. Mary's Academy and Balmoral Hall School.

To help make this event possible, a **\$12 fee** will be required from all students. The fee will cover the cost of refreshments along the walk route (candy, ice cream, etc.) as well as the entertainment and activities throughout the day. In early September you will receive a link to Permission Click, which will allow parents to grant permission for their son to participate in The Walk, sign a waiver/acknowledgement of risk form on his behalf, pay for the \$12 Walk participation fee and order a Walk Sweatshirt for their son (sweatshirt is an optional purchase). Payment for the participation fee and optional sweatshirt can be made on this website, but please note that Permission Click does charge a 7-10% fee for processing all online payments. If you prefer to pay offline, please send your son with cash or cheque, payable to St. Paul's High School. Payment can be dropped off in classroom 127 during the lunch hour, beginning on **September 8th**. Please note that the Permission Click form must be completed and payment received by **3:15 pm on Friday, September 15**.

The Student Council will also be collecting pledges in support of youth mental health resources. A pledge form and link will be included in the September update. Students who collect \$100 or more in pledges will receive a Walk Sweatshirt free of charge. We ask that all completed pledge forms also be brought into your son's core group teacher no later than **Friday, September 15th**.

Attendance is mandatory as this is a school event and a key aspect in building a positive school community. Relaxed dress code will be in effect for the day. Please remember to dress appropriately for the weather. If you have any questions, please contact Ms. Keana Rellinger at krellinger@stpauls.mb.ca.

Yours in Spirit,

St. Paul's 2023-2024 Student Council

PARENT GUILD

2023 - 2024



Welcome back to a new school year! As a parent of the SPHS community, you have the opportunity to become involved in the school during the day, in the evenings, or from the comfort of your home. The Parent Guild works to enrich the school events, volunteer in the Crusader Shoppe, and step in wherever the need may arise.

The ongoing participation of parents is key to our volunteer program, and the success of the school's enriching activities and events. To help you decide where you may wish to lend a hand next year, please consult the SPHS Parent Guidebook, describing the ongoing activities and hospitality events. The SPHS Parent Guild is unlike a Parent Council wherein we operate under a school budget, therefore, we do not fundraise for any of the events that we assist with.

SCAN HERE TO VIEW THE PARENT GUIDEBOOK:



SCAN HERE TO SIGN UP TO VOLUNTEER:



2023/2024 PARENT GUILD EXECUTIVES:

ANGIE WIEBE: PRESIDENT

MICHELLE QUEAU: VICE-PRESIDENT/TREASURER

KELLY MORGANTI: SECRETARY

GILLIAN HAUSER: VOLUNTEER OFFICER

KIMBERLEY BOUGHTON: COMMUNICATIONS OFFICER

VISIT OUR WEBSITE:

<https://www.stpauls.mb.ca/Parents/>

PLEASE DO NOT HESITATE TO REACH OUT TO US AT:

parentguild@stpauls.mb.ca

THANKS FOR YOUR CONSIDERATION;

WE LOOK FORWARD TO SEEING YOU AT THE 2023-24 EVENTS!



CAR POOL

St. Paul's High School is compiling a list of students interested in car pooling for the 2023-24 school year. The list will be categorized according to postal code to enable you to see if there is someone living in your area who is also interested in car pooling. This information will be available to parents and students at the Front Office and may be checked anytime during school hours throughout the school year. Should your plans change, you may add or remove your name accordingly.

If you have any questions, please contact Ms. Vivienne Horne via email at vhorne@stpauls.mb.ca.

My son is interested in participating in a car pool for the 2023-2024 school year:

Please Print

Student Name: _____

Address: _____

Postal Code: _____ Grade: _____

Parent Name: _____

Phone Number Day: _____ Evening: _____

E-mail: _____

Comment: _____

If you wish to sign up for car pooling, please fill out this form and return it to the Front Desk of the school no later than **Friday, September 22nd, 2023.**

GENE'S PLACE

ST. PAUL'S HIGH SCHOOL CAFETERIA

PRICE LIST SEPTEMBER 2023-

ALL PRICES INCLUDE TAX

BREAKFAST MENU

Full Breakfast- \$7.00

2 eggs, bacon or sausage, hash browns + toast

Cru Breakfast- \$8.25

3 pancakes, 2 eggs, bacon or sausage, hash browns + toast

Breakfast Wrap- \$7.50

2 eggs, bacon, hashbrowns, cheddar cheese, and chipotle sauce in a tortilla shell, grilled

Omelette (3 eggs)- \$7.75

Bacon or cheese

French Toast Cinnamon Bun- \$7.75

French Toast with bacon- \$7.00

Breakfast Bun- \$4.25

Egg, bacon, and cheese

Breakfast Bun Special- \$7.50

2 Breakfast Buns

LUNCH SPECIALS- \$8.75

(ONE SPECIAL PER DAY)

THE FOLLOWING LUNCH SPECIALS ARE SERVED WITH YOUR CHOICE OF SALAD OR FRIES:

Chicken Burger	Chicken Quesadilla
Clubhouse Wrap	Crispy Chicken Caesar Wrap
Deluxe Cheeseburger	Deluxe Cheese Dog
Gyros	Pulled Pork on a Bun
Soft Taco	Chicken Pita

THE FOLLOWING LUNCH SPECIALS ARE SERVED AS LISTED:

- Butter Chicken on rice with naan bread
- Chicken Alfredo with Pasta served with garlic toast
- Chicken Stir Fry served with rice
- Hot Turkey Sandwiches with roasted potatoes + gravy
- Hot Roast Beef Sandwiches served with mashed potatoes + gravy
- Lasagna served with salad + garlic toast
- Spaghetti with meatballs served with garlic toast
- Roasted Chicken served with potatoes and mixed veggies

LUNCH MENU

Sandwiches:

Grilled Cheese- \$4.00

Grilled Cheese with bacon- \$5.00

Tuna, Egg, Chicken Salad- \$6.00

Soup (Made Fresh Daily) - \$3.50

Beef Barley

Cheese Broccoli

Chicken Noodle

Cream of Cauliflower

Cream of Mushroom

Potato Leek

Lemon Rice

Minestrone

French Fries:

Small- \$4.75

Large- \$5.75

French Fries with Gravy:

Small- \$5.75

Large- \$6.75

Poutine:

Small- \$6.75

Large- \$7.75

Garlic Bread- \$3.00

2 slices

Greek Salad (Made Fresh Daily)- \$6.75

Add grilled chicken breast - \$3.00

Baked Goods (Made Fresh Daily) - \$1.00 - \$5.00

Apple Jacks

Brownies

Cinnamon Buns

Cookies

Danish

Donuts

Muffins

Puff Wheat Squares

Rice Krispy Squares

PRE-PAID MEAL CARDS

PRICES INCLUDE TAX

5 Breakfasts (no drink)- \$32.00

5 Breakfasts (includes 473 ml milk)- \$45.00

5 Lunch Specials (no drink)- \$41.00

5 Lunch Specials (includes a can drink)- \$49.00

5 Lunch Specials (includes 473 ml milk)- \$54.00

Pre-Paid Meal Cards may be purchased in the cafeteria. Please make cheques payable to:

Tom Papaioannou

*Please note that pre-paid meal cards must be used in the same school year of purchase.